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We have built up the biggest Roofing and Building Paper mills in the World by selling materials that last—at reasonable prices.

Certain-teed Roofing

Our Certain-teed Roofing is giving excellent service on all classes of buildings all over the world in all kinds of climate. It is the roofing with a guarantee of 5, 10 and 15 years for 1, 2 or 3 ply respectively, and it is backed by the responsibility of our big mills. Try it once—you'll buy it again. For sale by dealers everywhere at reasonable prices.

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Thorough Education. Moral Training. Twenty-one courses leading to degrees in Classics, Modern Letters, Journalism, Political Economy, Commerce, Chemistry, Biology, Pharmacy, Engineering, Architecture, Law.

Preparatory School, various courses.

For Catalogue address

BOX H, NOTRE DAME, INDIANA

DEFIANCE STARCH

is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz. package 10c. 13 more starch for same money.

DEFIANCE STARCH CO., Omaha, Nebraska

PLENTY FROM TIME BEFORE

Old Parishioner Found Way to Cling to His Original Position About Miracle.

One Sunday morning a certain young pastor in his first charge announced nervously:

"I will take for my text the words, 'And they fed five men with five thousand loaves of bread and two thousand fishes.'"

At this misquotation an old parishioner from his seat in the amen corner said audibly:

"That's no miracle—I could do it myself."

The young preacher said nothing at the time, but the next Sunday he announced the same text again. This time he got it right:

"And they fed five thousand men on five loaves of bread and two fishes." He waited a moment and then, leaning over the pulpit and looking at the amen corner, he said:

"And could you do that, too, Mr. Smith?"

"Of course I could," Mr. Smith replied.

"And how could you do it?" said the preacher.

"With what was left over from last Sunday," said Mr. Smith.—Advance.

Lawyer Blind From Birth.

Blind from birth, yet successfully passing the bar examination before the state supreme court, is the record of Ole H. Flow of Pierce, S. D. Flow is a native of South Dakota and has made his way regardless of his handicap for many years.

Procuring a copy of Blackstone, he memorized it from readings by his sister. He then joined fortunes with another young aspirant for the bar, and they have worked together until both passed the examination. Flow wrote out his answers to the questions read him by one of the court stenographers, using an ordinary typewriter.

NO IDEA
What Caused the Trouble.

"I always drank coffee with the rest of the family, for it seemed as if there was nothing for breakfast if we did not have it on the table."

"I had been troubled for some time with my heart, which did not feel right. This trouble grew worse steadily."

"Sometimes it would beat fast, and at other times very slowly, so that I would hardly be able to do work for an hour or two after breakfast, and if I walked up a hill, it gave me a severe pain."

"I had no idea of what the trouble was until a friend suggested that perhaps it might be coffee drinking. I tried leaving off the coffee and began drinking Postum. The change came quickly. I am glad to say that I am now entirely free from heart trouble and attribute the relief to leaving off coffee and the use of Postum."

"A number of my friends have abandoned coffee and have taken up Postum, which they are using steadily. There are some people that make Postum very weak and tasteless, but if made according to directions, it is a very delicious beverage." Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 50c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.
—sold by Grocers.

KEEPING BABY WELL

ESPECIAL ATTENTION NEEDED DURING HOT WEATHER.

Many Ills May Be Avoided by Watchfulness on the Part of the Mother—Government Expert Gives Advice Worth Heeding.

(Prepared by the Children's Bureau, U. S. Department of Labor.)

"Summer complaint," or diarrhea, is one of the most dreaded ills which may befall the baby.

It is the principal symptom of various forms of indigestion, some of them mild and some very serious. But any undue looseness of the baby's bowels should put the mother on guard against illness.

At the appearance of diarrhea, the mother should take her baby to a good doctor. If she has no doctor, she should go to the nearest infant welfare station, where a competent physician will advise her as to the care of the baby, and the nurse in attendance will help her carry out his directions.

In the country, where it is very difficult to get the advice of a doctor, the mother has a harder problem. Because she is out of the range of infant welfare stations, hospitals, and, often, of physicians as well, it is most important to prevent every attack of illness possible, by careful attention to the baby's food and general care.

A pamphlet which may be of help to the country mother is "Infant Care," sent free to anyone mailing a request to the chief of the children's bureau, U. S. department of labor, Washington, D. C. This pamphlet contains simple directions for the care and feeding of the baby, and suggests some ways of dealing with various emergencies.

The healthy baby usually has one or two bowel movements a day. If this number is increased to four or more it is time to take measures against sickness.

It is well to remember, however, that the bowel movements of a baby fed entirely at the breast are normally more frequent than those of a bottle-fed baby, and that a slight increase in the number of movements is not so serious a matter to a baby at the breast as to one artificially fed. A baby fed at the breast does not usually have diarrhea, and when such a baby shows signs of digestive disturbance, it is usually because he is overfed, either he is nursed too often, or at irregular intervals, or is allowed to nurse too long at one time. When he does have diarrhea, the time between nursings should be increased to four hours, and the time at the breast reduced to five or ten minutes. If the bowels continue loose, the breast should be withdrawn entirely for several feedings. If necessary, giving the baby instead cool drinking water at frequent intervals. In this case, the mother should pump her breasts at the regular nursing times, both to keep them from drying up, and to prevent their caking.

Bottle-fed babies are the most frequent sufferers from summer diarrhea, and this fact furnishes another strong argument in favor of breast feeding. Diarrhea in a bottle-fed baby is also best treated by reducing the amount of food. The bottle should be omitted for 8, 12 or 24 hours, according to the severity of the attack, and in place of the milk should be given as much hotted and cooled water as the baby will take.

Food should not be withheld for more than 24 hours, without the advice of a doctor. When the bottle is resumed, the food should be much weaker than before; water should be substituted for at least half the milk previously given. The milk should be skimmed, and the sugar omitted.

The return to the former feeding should be made gradually by adding a little more milk each day and beginning to add sugar. The more severe the attack has been, the more slowly should changes be made.

If the baby is on "mixed" feeding, that is, partly breast and partly bottle fed, the bottle feedings should be omitted if diarrhea appears, and the breast given once in four or five hours, with nothing but drinking water between meals.

Diarrhea is much more frequent in July and August than in the cooler months of the year, which fact has earned for it the name of "summer complaint." Accordingly the mother should use every means in her power during the hot weather to keep the baby cool. In the heat of the day the baby should wear only a diaper, with possibly one other thin garment.

Frequent cool spongings and at least one full tub bath each day, plenty of sleep, and a constant supply of fresh air will help to protect the baby from the excessive heat, and keep him well.

Raspberry Puffs.

Cook one cupful of boiling water, four tablespoonfuls of butter, tablespoonful of sugar and one-half spoonful of salt until the butter melts; add one and one-half cupfuls of pastry flour, stir until the mixture leaves the sides of the pan, remove from the fire, cool and add three large unbeaten eggs, one at a time, beating thoroughly between each addition. Press through a pastry bag on buttered and floured tins, bake about half an hour, cool, cut a slit in each and fill with raspberry jam.

A Recipe for Apple Jelly.

Delicious apple jelly can be made from the parings of apples alone. It will be a beautiful red, no matter what the color of the parings.

THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once children there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

BLACK LEG

LOSSES SURELY PREVENTED by Cutter's Blacking Pills. Low-priced, fresh, reliable, preferred by doctors, druggists, because they prevent where other venous fail. Write for booklet and testimonials. 10-cent box. Blacking Pills \$1.00. 25-cent box. Blacking Pills \$2.00. Use any toilet, but Cutter's best. The superiority of Cutter's pills is due to over 15 years of specializing in venous and venous only. Insist on Cutter's. If unavailable, order direct. The Cutter Laboratory, Berkeley, Cal., or Chicago, Ill.

PARKER'S HAIR BALM

A hair restorative of merit. Helps to eradicate dandruff. For Restoring Color and Growth to Gray or Faded Hair. 50c and \$1.00 at Druggists.

Guests Forced to Drink.

Compulsory abstinence would have seemed a complete inversion of the natural order to some of our ancestors. They believed in compulsory drinking, and in some old country mansions may still be seen, I believe, a ring let into the wall of the dining hall for the punishment of the man who would not, or could not, drink his allotted share of liquor.

The culprit's arm was fixed in the ring, and he was given choice of drinking in the ordinary way or having the liquor he refused poured down his sleeve. Hence the medieval jest, "Leaving's sleeveing."—London Chronicle.

Magic Washing Stick

This is something new to housewives—something they have wanted all their lives, but never could get before. It makes it possible to do the heaviest, hardest washing in less than one-half the time it took by old methods, and it eliminates all rubbing and muscular effort. No washing machine is needed. Nothing but this simple little preparation, which is absolutely gentle to the finest fabric—white, colored or woolen. It makes the hardest task of the week a pleasant pastime—a delightful occupation. You will be delighted at the clean, spotless, snow-white clothes that come out of the rinsing water; and all without any effort on your part. The Magic Washing Stick does it all—and remember, without injury to the most delicate goods, colored or white, woolens, blankets, lace curtains, etc. Contains no caustic, no alkalis, no poisonous ingredients to make the use dangerous. 15 washings 25 cents.

Sold by all Druggists and Grocers everywhere. If yours doesn't handle it, show him this ad—he'll get it for you. Or send 5c in stamps to A. B. RICHARDS CO., Sherman, Texas.—Adv.

An Empire Ranch.

We hear often of "captains of industry," "Napoleons of finance," and "land barons," but what title is imposing enough to fit the Australian cattleman who owns or controls 28,800,000 acres of ranch land—a domain as large as Pennsylvania?—Youth's Companion.

SOFT WHITE HANDS

Under Most Conditions If You Use Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better or more effective at any price than these fragrant supercreamy emollients. A one-night treatment will treat them in the severest forms of red, rough, chapped and sore hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Learning Things.

"Pa, what are gargoyles?"

"They're medicines to use when your throat's sore, sonny."

Always sure to please, Red Cross Ball Blue. All grocers sell it. Adv.

A woman never forgives a man she has insulted if he fails to apologize.

VAST RICHES HIDDEN

Wealth Brought to Light Only by Death.

London Newspaper Records Cases That Are Remarkable in the Idiosyncrasies of Nature That They Reveal.

After the accidental death of a spinster who had lived in Twickenham for many years all alone, and in circumstances which suggested poverty, property valued at many thousands of dollars was found in her cottage, which was sadly in need of repair. London Answers states.

Money was discovered all over the house: deeds of property and stocks and shares were found stuffed underneath a mattress. It was also found that the old lady had in two banks over \$10,000, nearly \$1,000 in the post office savings bank, and that she had insured her life in four offices for sums totaling \$40,000.

Nor was this all. The whole of the interior of the cottage was elaborately furnished. Its walls were hung with valuable oil paintings by well-known artists, and lying about everywhere were rings and other personal adornments, set with diamonds, opals, rubies and other precious stones.

The old lady was eighty when she met her accidental death, and, as she left no will, and it would appear, no relatives, all these good and chattels revert to the crown.

But this Twickenham treasure house sinks into insignificance beside another discovered within a walk of it at Chiswick. This house is one of the biggest in that riverside suburb, and apparently one of the most deserted, its windows uncurtained, its large grounds a wilderness. Nobody seemed to know much about it, but suddenly the police paid it a visit.

The house of 16 rooms proved a perfect cave of Aladdin. The interior was elaborately furnished, while on the walls hung many beautiful paintings, including four by that greatest of English masters, Sir Joshua Reynolds.

But this was only the beginning of wonders. Every room was packed with costly treasures. Gold and silver vessels were heaped into cupboards; jewelry and precious stones packed loose in chests and drawers.

There were dozens of cases of cutlery, table silver, vases inlaid with gold, valuable pottery, boxes full of silver and jewelry, beautiful embroidery and lace, bed and table linen without end, rugs and skins and a thousand things still unmentioned which required a line of pantech-nicians to remove. No wonder, indeed, when it is added that the treasure trove included, among so much of the rich and rare, 12 gas-cooking stoves and 30 asbestos-heating stoves!

The discovery of the safe containing much of the more valuable jewelry was the result of a smart piece of detective work. Behind a brass bedstead one of the officers noticed that there were a dozen or more embossed roses. To all appearances they formed part of the wall-paper design. But the quick-witted searcher tried them all, and found that one had revolved. Further investigation revealed a keyhole.

Within two minutes a safe was found containing thousands of pounds' worth of valuables. The whole place was a sort of den of the Forty Thieves, a receiver's storehouse, the result of countless burglaries.

Sometime ago an old woman was knocked down and killed instantly by a dray near Ballymena, Ireland, and when the police examined her wretched hovel they were well rewarded for their search.

Two large buckets and a tin trunk, as well as a big wooden box and about a dozen mugs, were found filled to overflowing with all kinds of current coin. When the money was collected and put on the scales it totaled considerably more than a hundred-weight.

Men Worth While.

"Quite a company of notables seem to be gathered here."

"Yes. The kindly old gentleman in clerical garb is a famous marrying parson."

"And the spry little man talking to him?"

"That's Lawyer Higgins, our best known separator."

Points of Similarity.

"That match was the union of natural mates."

"In what way?"

"She was dove-eyed and he was pigeon-toed."

Window Boxes.

Before putting earth in window boxes whitewash the inside of the box. This not only keeps a wooden box from rotting but prevents insects.

—McCall's Magazine.

But it is better to quarrel over trifles than over something of real importance.

Men have a stronger sense of taste than women.

Only Two Legs Left.

Carmargo, in Dewey county, Okla., has dogs—big dogs, little dogs and in fact all kinds of dogs, but it has one that is somewhat of an oddity. This is a dog that travels on two legs.

Several months ago a dog belonging to Mr. Storey, section foreman of Supply, Okla., was run over by a train and two of his legs cut off. For some time he was unable to move around, but now has recovered so that he can navigate quite handily. The two legs on which he is forced to walk are both on one side. He not only walks, but can also run, and seems to be about as well able to get around as a dog with four good legs.

In most families the property is in his name and the religion in hers.

Her Country's Need.

Secretary of Agriculture Houston said at a luncheon in Washington: "An English hen has broken the world's record by laying 288 eggs in a year."

Mr. Houston smiled and added: "She must have understood her country's urgent need for shells."

Needed Gift.

The Widow—Well, why don't you kiss me?

Hashful Youth—I would, only I have some sand in my mouth.

"Swallow it, young man. You need it in your system."—Life.

The worst thing about friends is the ease with which they are converted into enemies.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

Substitute for Horn.

A cheap and easily made substitute for horn can be made of wheat flour and sodium silicate. This substitute is very hard and strong and, by inserting organic dye into the composition while mixing, it can be colored to imitate almost any kind of horn substance. The compound is made by mixing 10 parts (by volume) of sodium silicate (40 degrees Baume) with distilled water, and then stirring the resultant liquid into a thick paste with fine white wheat flour. The mass is then allowed to stand for three weeks, during which time it undergoes a chemical reaction that produces a hard, hornlike substance. This composition can be molded without pressure when first made and turned and machined like brass after it has set.

To Prove Her Love—and His.

"Why does he look so worried?"

"His June bride is beginning to talk of cooking him something to eat."

Nearly 600 women in Aberdeen, Scotland and district have enrolled themselves on the war register at the Aberdeen labor exchange.

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

Scientists have counted 276 spoken languages and dialects in Africa.

Danger in Delay

The great danger of kidney troubles is that they so often get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, gravel and Bright's disease may follow as the kidneys get worse. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills. It is the best recommended special kidney remedy.

An Oklahoma Case

Mrs. Nathaniel MeVicker, 717 E. Broadway, Enid, Okla., says: "I had kidney and bladder trouble for years and was confined to bed one whole summer. The pain was terrible and I also had gravel attacks. Doan's Kidney Pills helped me as soon as I used them and they corrected all the ailments. I owe my present good health to this medicine."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

For Sprains, Strains or Lameness

Always Keep a Bottle in Your Stable

HANFORD'S Balsam of Myrrh

For Cuts, Wire Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc.

Made Since 1846.

Price 25c, 50c and \$1.00

OR WRITE G. C. Hanford Mfg. Co. SYRACUSE, N. Y.

All Dealers

The Wretchedness of Constipation

CAN quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

W. N. Wood

W. N. W., Oklahoma City, No. 35-1918.

Death Lurks In A Weak Heart

If yours is fluttering or weak, use **RENOVINE**. Made by Van Vleet-Mansfield Drug Co., Memphis, Tenn. Price \$1.00